



Support for integration in Germany

Description: The number of refugees has increased remarkably within the last months. Some refugees will stay in Germany. Professionals and volunteers provide extraordinary support to refugees, especially during the first months after their arrival. Many of them participate in trainings, seminars or workshops to be better prepared for their activities. However there is the pressing necessity, that also the refugees adapt to their new situation, the living conditions, behavioural standards, principles and regulations in Germany. This seminar is conceptualized for refugees. The participants reflect their own behaviour, their own values and perspectives and their experiences in Germany. They receive information about „German culture“, values, standards, accepted behaviour as well as set regulations and the German law.

Objectives:

- Reflect own values and behaviour under the current context
- Recognise cultural differences and learn to accept and cope with them
- Become aware of prejudice and bias
- Reduce uncertainty and instability
- Change perspectives and exercise empathy.

Participants: Refugees, who are able to speak and understand German, English or French
Mentors within the group of refugees

Methods:

- Interactive and personal exchange of experiences
- Information on German behaviour and standards
- Group discussion
- Role plays
- Evaluation and transfer

Timeframe: 2 working units with 90-120 minutes

